Your Life Connections

Who (or what event) introduced you in a life changing direction?

What Started: _____

What started suggestions: relationship, career, school, group, community, spiritual/religious, hobby, sport, activity, arts, music, educational, health related, financial, etc.

Name: **Date:**

Who	When	Where	**"What Started" Thread** (what led to what?)

Recap of what started, the thread in your life it took, who you met, what you learned, and how has this been meaningful in your life?

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